

Welcome to The Science of Personal Mastery Course: Lesson 28

Tell me how you are feeling now and any other thoughts and/or cognitions you have.

Thank you.

This is another in a series of "Money Lessons".

The secrets to making money are:

- Have the right karma.
- Define your dream or desire (which means have a DEFINITE and specific quantifiable and measurable purpose; goal; target; desire; objective; etc).
- Have a burning desire for the attainment of your DEFINITE purpose.

Everything else falls into place when those 3 elements are lined up.

All people who struggle financially have either the wrong kind of karma, AND OR do not have a DEFINITE and specific quantifiable and measurable purpose, AND OR do not have a REAL deep all-consuming burning desire for the attainment of their goal.

It really is that simple.

The good news is all karma can be "overcome" so don't worry about karma. Don't use karma as an excuse. The fact that you are reading this Lesson means you have the exact right kind of karma to make plenty of money.

You might not have the right kind of karma to become a billionaire, but you have the right kind of karma to make plenty of money and enjoy all the things money can buy.

In fact, you probably have "better" karma than almost all billionaires. In addition to having the karma to make plenty of money, you also have the karma to attain complete enlightenment, SELF Realization, inner peace, joy, and bliss.

In addition to having the right kind of karma for financial prosperity and abundance, you have the right kind of karma to have true inner fulfillment, satisfaction, and contentment.

Virtually every billionaire wishes they had inner fulfillment, peace and joy. You have the right karma for that. You are "lucky". Remember, it was YOU who created your karma, it is YOU that created your luck, it is YOU that created your present conditions, and it is YOU that is creating your future.

Remember, YOU are the creator of your world. YOU and only YOU, create your reality. YOU "decide" what you are going to experience in this life. And it is YOU who decides how you are going to perceive, and respond to what you are experiencing in this life.

Before you continue, take a 5-minute break, and then go back to the beginning of this Lesson and read everything again. As always, if you have any thoughts, feelings or cognitions, write them in your Lesson notebook.

Welcome back.

Tell me any thoughts, feelings or cognitions you have now.

Thank you.

We will begin now with "Money process #7".

Make sure you are in a quiet place where you will not be disturbed for at least 30 minutes.

You will need your Lesson notebook.

You will need a timer.

Do not read all the instructions first. When you are ready to start the process (and have at least 30 minutes), come back.

Welcome back.

Let's begin the process.

1.) In a moment, you will write down in your Lesson notebook how much money you REALLY want and desire to have. This can be a lump sum AND OR a weekly, monthly or annual income.

It can be both a lump sum (as in a certain amount of cash in the bank) AND can be an ongoing income stream in either weekly, monthly, quarterly, or annual increments. So you can write down 1 number OR 2 numbers.

It might be "I want \$100,000 USD cash in the bank and \$20,000 in gold in my safe, and \$10,000 per month as a steady automatic income stream".

Some of you might just want a certain amount of money "in the bank" or in the form of other liquid assets such as stocks, bonds, gold, silver, etc. Some of you are more interested in how much money is "coming in" each week, month, or quarter. It does not matter. What matters is what resonates with you.

A couple of things to consider:

You do not have to know HOW you are going to attain this money.

This has to be YOUR goal and your REAL true desire, not someone else's.

It should not be what you THINK is the right answer.

It should not be something you are wanting so to impress others.

This has to be YOUR true inner "want", desire and real purpose. It cannot be just a wish or pipe dream. It has to be a number that you really crave and really deep down "want and desire".

Think about this for a moment, then, when ready, write down your number or numbers with any description you would like to add. When you are done, come back and continue.

2.) Tell me out loud WHY you want that money (whatever comes to mind).

Thank you.

3.) Tell me out loud what you will do with the money when you have it (be as specific as possible).

Thank you.

4.) Tell me out loud what feeling you are going to have when you have this money.

Thank you.

5.) Tell me what has been the reasons up until now, that you do not have that money (if you do not know, say "I do not know").

Thank you.

6.) Tell me if you CAN overcome those reasons, and if yes, how (you can be general or specific, and if you do not know "how", but just know that you CAN overcome these reasons, that is fine as well).

Thank you.

7.) Tell me how long you think is realistic for you to attain this money.

Thank you.

8.) In a moment you will close your eyes and visualize yourself in possession of that money. See yourself vividly in possession of that money and feel now as if you had that money right now.

See yourself looking at your computer (for example) and seeing that amount in your account on the screen, or see yourself looking at your bank statement that comes in the mail and seeing that amount in your account.

Perhaps see yourself opening your safe or safe deposit box and holding the gold and silver bars you have.

See yourself enjoying all the things money can buy.

See yourself with a large amount of cash in your pocket.

See all your credit card statements with zero balances on them.

See all your bills paid in full.

See yourself as your life will be when you have this money (the above are only examples).

See how others treat you and think about you.

See how you feel about and think about yourself.

Make this picture in your mind real.

Make this visualization a moving picture like a short movie or documentary.

You will do this for 3 minutes so use your timer. When ready begin.

Welcome back.

9.) In a moment you will write down an "I AM (I have)" statement such as this: "I have \$100,000 USD cash in the bank, and 10- 5 oz gold bars in my safe at home, all my bills are paid in full, and I have easily over \$10,000 coming in each and every month".

This statement is just an example. Use your number or numbers. If you want to adjust the words, that is fine.

When ready write down your statement in your Lesson notebook, then say it out loud 3 times as a COMMAND to the Universe (not begging), with a feeling that it is already done, and with a feeling of appreciation and thankfulness. Do this now.

Welcome back.

Tell me how you are feeling now and any thoughts, or cognitions you have.

Thank you.

Before you continue, as briefly or as detailed as you want, write in your Lesson notebook any thoughts, feelings or cognitions you had doing that process.

Welcome back.

"This is the end of the process".

Come back tomorrow to continue with this Lesson.

Welcome back.

Today, when you have about 30 minutes of time where you will not be disturbed, do "Money Process #7" again all the way until it says "This is the end of the process".

When you have finished, come back to continue the Lesson.

Welcome back.

Tell me out loud how doing the process this time was different for you compared to the first time you did the process.

Thank you.

Tell me out loud any other thoughts, feelings or cognitions you have now that you have not already shared with me.

Thank you.

If you want to write anything in your Lesson notebook, do so now.

Come back tomorrow to continue the Lesson.

Welcome back.

You will do "Money Process #7" again today when you have time. When you do the process consider the following.

In this Lesson I will call "rich people" those who have "made" or "earned" lots of money (not necessarily those who inherited it, or had the "right karma" to have money virtually thrown at them). These "rich people" have common "traits". We have talked about, in previous Lessons, the common traits that these rich people exhibit as actions, feelings, and ways of thinking.

You did processes on many of these actions, feelings and ways of thinking.

Let's now approach "how to attain and possess money" from a different angle.

Consider these points. After you read each point, stop and think for moment what that point means. Try to get a picture in your mind of what it means.

Here are the points:

-Rich people know what they want.

Explain to me out loud what that means.

Thank you.

-Rich people know specifically what they want (at least in the short term of between 6 months-2 years).

Explain to me out loud what that means.

Thank you.

-Rich people almost always know how much money they want. They have a specific target monetary goal in either a lump sum or some ongoing income or both, and are focused on attaining it.

Explain to me what that means.

Thank you.

-Rich people also almost always know what "stuff" they want in addition to just the money. They have specific material things they want to acquire once they attain the money.

Explain to me what that means.

Thank you.

Rich people "dream big", have long term "dreams" of how they want their life to be, what they want to accomplish, and what they want to have.

Explain to me what that means.

-Rich people "think about", almost constantly, the specific amount of money they want that is their target, AND they think about, almost constantly, the "things" they will acquire with the money ("think about" means they see themselves in possession of the money and the things they desire and feel now as if they have them).

Explain to me what that means.

Thank you.

Tell me out loud any thoughts, feelings, or cognitions you have now.

Thank you.

Take a break if you need to.

Welcome back.

Rich people therefore generally are focused on 2 things:

-Acquiring MONEY. Not just money, but the exact amount of MONEY that is their target and when they want to have it.

-Some material items that they want (car, house, jewelry, travel, clothes,) that the money can buy, and these are SPECIFIC.

In other words:

Rich people KNOW WHAT THEY WANT

Rich people know WHEN they will have what they want (they have a deadline).

Rich people have a DEFINITE SPECIFIC PURPOSE.

Rich people have defined their "dream", and made it a specific focused all-consuming TARGET.

Rich people have a specific GOAL.

And rich people "think about" attaining their "goal" almost all the time.

There are other things that rich people focus on as well, but we will cover those later.

"Money Process #7" is designed to help you come up with a specific "target". Something you can AIM at. Something that you can "think about" all the time and that will consume you. Something you can be obsessed with. Something that will "get your juices flowing" and get you to have the burning desire.

The idea is that you first have a very specific amount of money you are focused on attaining, AND some "things" you want that the money can buy. This way your goal is "measurable". You will know when you are getting closer to your goal, and you will know when you hit your target.

AND to know WHEN you expect to attain your desires. There should be a "deadline".

Now, here is a "SECRET" to making money you probably have not heard about before.

This is a "SECRET" to attaining anything.

The amount of money that is your goal AND the "deadline", must be "within reason".

This is one of the missing secrets to making money and manifesting any desire.

Most people who set goals and deadlines for their achievement set completely unrealistic goals and deadlines that only "miracles" could produce in reality. Thus, you have a foundation of doubt and fear that make those goals and deadlines completely unachievable.

In Hill's original books "The Law of Success" and "Think and Grow Rich", he says that your desire must be "within reason".

This means that your desire must be something you can "believe" in. Thus his famous statement "Whatever the mind of man can conceive, and bring itself to BELIEVE, it can achieve."

If your desire is not something you can "believe" you can actually attain, you will not attract it into your life. It will not manifest. You will not achieve it.

Believe is actually the wrong word. As we talked about in previous Lessons, the correct "feeling" is that of knowingness. Knowingness is actually not a feeling; it is an inner sense that is beyond feeling. It has not doubt. Belief is rooted in doubt and fear.

So, your goal must be something that deep inside you, you KNOW you CAN achieve. It does not have to be something you know that you WILL achieve. That will come later. In the beginning, all you need it to know is that you CAN achieve it and you CAN achieve it by the deadline you set.

Explain to me the difference between knowing you CAN achieve something and knowing that you WILL achieve something.

Thank you.

Tell me know any thoughts, feelings or cognitions you have.

Thank you.

If you feel like writing anything in your Lesson notebook, do so now before you continue.

Welcome back.

Hill uses the words "within reason". These were later edited out of his books. Those who teach his concepts almost always fail to mention "within reason".

Although you do not have to know "how" you are going to attain the money you desire, it still has to be "within reason" and something you know you COULD achieve in a "reasonable period of time" (the deadline you set must be "reasonable"). You do not have to 100% know you WILL achieve it.

Remember, the money you want to attain should be an amount you know you CAN attain in a "reasonable period of time". This means different things for everyone. What is reasonable to one person may not be reasonable to another. For most people the target should be something you can hit within 6 months to a year as a starting point. If you think it is reasonable to hit your goal in 2 years or 5 years, it becomes for most people a "dream" and not a "target" that you can aim at.



There is a difference between your "dreams" and your Definite Purpose; Target; Goal; Objective; or Chief Aim.

Your "dreams" are long term. The dream can be vague. But your target is specific and short term. Short term means something different for everyone. For some people it means 6 months. For others it is 1 year. For some, it is 30 days. You have your "sweet spot" as to "reasonable time". Your sweet spot time frame may change as you start hitting your goals.

Right now, your goal might be something you can attain within 4 months. Then, once you attain your goal, you might be able to focus on a 1-year objective. Then, you might be able to focus and work consistently on a 2-year purpose.

When you have longer "goals", you still have short terms objectives to keep you on track. Sometimes rich people have daily goals, weekly goals, monthly goals, and quarterly goals. Having short term objectives that are reasonable is VITAL for your success.

Let's say your goal was to drive a car to California and you were starting off in Boston. If I asked you how long will it take to reach California by car, you would not say "2 days". Not only is that not within reason, it is impossible.

If driving to California was your goal, and you wanted to know a reasonable time table to reach that goal, you would first have to figure out how many miles the total trip is. Then how many miles you could drive per day. You would have to figure in sleep, and how much it will cost in terms of fuel, food, and lodging for you to make the trip. Traffic and weather might be other considerations. By doing this, you have a Definite Purpose of reaching California, and you have daily targets as to how many miles you will drive etc. Doing this process would make you KNOW you CAN drive to California and within the time frame you have decided on.

Driving a car to a certain destination is a good example of proper goal setting.

Rich people generally can focus on 2-5 years' targets or longer. But they STILL have short term objectives. Most rich people still have daily, weekly, monthly and quarterly targets.

In the beginning, your goal should be something that you can reasonably hit within 6 months or even a shorter period of time.

Remember, success breeds success. Nothing succeeds like success. You want to set your goal AND reach your goal within the time frame you decided. You want to win. You want to set a target and hit it. You want to get into the habit of succeeding at setting and reaching your goals.

Remember, go as far as you can see, and when you get there, you will see further.

The amount of money you are targeting for attainment should be big enough to excite you, yet small enough that it is "reasonable" for you to "know" that you CAN attain it, say within 6 months.

If you never earned more than \$50,000 a year, then for you to want \$500 million cash in the bank is a pie in the sky fantasy. That large a number is really just a wish or pipe dream. You could not possibly KNOW you CAN achieve that in a reasonable period of time.

That number might be your "dream". That is fine. But it cannot be your target that you should be able to hit within 6 months.

However, if you already have a net worth of \$100 million, then you might have a 5-year target of \$500 million. That would be reasonable. However, even so, you STILL would need a 6-12-month target!

These are keys to setting and reaching goals. Even if you "dream big" and want 1 billion cash in the bank, you STILL have to break that down to a number that you can KNOW that you CAN attain in a 6-month period. The "dream" must be broken down into small bite size targets.

You eat an elephant one bite at a time.

Inch by inch everything's a cinch, but yard by yard everything's hard.

A journey of a 1000 miles starts with but a single step.

So, as you do the process today, be "realistic", yet still "think big"!

Make sure you understand the difference between "dream" and your DEFINITE TARGET.

When you are finished doing the process, come back to continue the Lesson. Do "Money Process #7" when you are ready.

Welcome back.

Tell me any thoughts, feelings or cognitions you have now.

Thank you.

Tell me how the process affected you differently than the other 2 times you did the process.

Thank you.

If you want to write anything in your Lesson notebook do so now.

Come back tomorrow to continue the Lesson.

Welcome back.

Let's review what this process is working on achieving within you.

You want to have as a target, an amount of money that you REALLY desire.

The number is either a lump sum and or a specific amount that is coming in as an income on a regular basis.

The amount of money should be big enough to excite you.

The amount of money should be within reason and small enough that you KNOW you CAN attain it.

The amount of money should be something that you could reasonably see yourself being in possession of within a short period of time such as 6 months.

You can have long term "dreams", but this process is to find your "target", your goal, your definite purpose, not your dreams.

You do not have to know HOW you will attain this money.

You need to know some of the "stuff" you would buy with the money, and or how you would use the money. The more specific the better.

This amount of money and the things you would buy need to be clear and something you do not have to think about when asked. You should KNOW them. They should be a part of you.

They should consume your thinking.

If I asked you what your address is, you would know it without thinking. So, If I ask you what amount of money you want and what are you going to do with it, you should KNOW it without thinking. It should always be in your thoughts.

Do "Money Lesson #7" again today, when you have time to focus on the process, and when you are done come back to continue the Lesson.

Welcome back.

Below is the end phenomena that you are looking for by doing this process. Perhaps you have achieved it by now. Maybe you have achieved this end phenomena to some degree. You might not have the end phenomena in its totality just yet. That is fine. You are on your way.

Remember, life is a journey and adventure. You never arrive. You and everything in the entire Universe is always expanding thus always changing. Always "go with the flow" and no matter what.... feel good right now.

The end phenomena of "Money Lesson #7":

- you know exactly how much money you want
- you know when you want it
- you know that it is a reasonable amount that you can achieve

- you know that the time frame you set for its achievement is reasonable and you know you can achieve it within that time frame
- you know exactly what "things" you will buy with the money (what you will "do" with the money)
- you know the difference between your short term "target" and your long term "dreams"
- you are not worried about "how" you are going to attain the money (although doing this process will start attracting into your life the "how", and you may notice the "how" already presenting itself to you in various ways)
- you know and understand "why" you want the money you are desiring as well as why you want the things you will buy with the money
- you know the feeling you are "looking to achieve" and that you think attaining the money and things will give you (thus perhaps giving you a cognition on this area)
- you have confronted the reasons why up until now you have not attained the money you desire, such as fears, poor self-image etc., and by confronting them and verbally explaining them, they have faded in their power and perhaps are already gone
- you know you can overcome any of the things that were holding you back in the past, and by doing the process, they may be overcome already to some degree
- you can see yourself in possession on the money you want
- you can feel the feelings now as if you are in possession of the money
- this visualization process both clarifies what you want, and makes you feel good. It also increases your knowingness that you can and WILL attain what you desire
- you have written down and said your "I AM" (or I have) command statement with both the power of declaring what "is" (even though it has not yet physically manifested) together with the vibration of appreciation, thankfulness and gratitude for it ALREADY having been granted
- you might have "made the kind of decision" that you are going to do it...that's it...period to some degree
- you might be very excited, motivated, enthusiastic etc. and started to feel and exhibit many of the traits talked about in previous lessons to various degrees
- you might have started to take some action steps, such as writing down a plan, to attain the money you desire
- you might have noticed the Universe working to help you manifest your desire by presenting to you various situations, people, circumstances, conditions or events that can help you attain your goal, or help show you how you can attain your goal
- you might be noticing that you feel confident, powerful, good, and happier even if the actual conditions in your life are the same as before.

Tell me out loud any thoughts, feelings, or cognitions you have now.

Thank you.

The following is "Money Process #8"

Make sure before you start you have at least 30 minutes of uninterrupted time to focus on this process.

When ready, let's begin.

In a moment I am going to ask you a question. Answer any way you want in a way that resonates with you, not what you think I want to hear. Be as detailed or as brief as you want.

Let's begin:

What do you want?

Thank you.

I am going to ask you the question again. You may say the same things, expand it, change it, reduce it or say whatever comes to you and you feel like saying.

What do you want?

Thank you.

Now when I ask you the question think of these 3 things.

- your long term "dreams"
- your short term amount of money that you are desiring (the lump sum and or the monthly amount)
- the material things you want to "buy" or have

You will tell me out loud what feels good to you. You might spend time on your "dreams" first, then tell me your short term targets of money and things that you are focused on. Or you might skip the dreams and just tell me the short term amounts of money you want, when you want them and what you are going to do when you have the money.

There is no right or wrong. The end phenomena is that you KNOW what you want, it is specific and clear, and by talking about it and thinking about it, it makes you feel good because you KNOW you are going attain it.

Let's continue:

What do you want?

Thank you.

I will ask you again the same question. Each time I do, say whatever you want to say. It might be the exact same thing as you said before, or you might be adding intensity, clarity, certainty or detail. Follow your feelings.

What do you want?

Thank you.

What do you want?

Thank you.

Tell me any thoughts, feelings or cognitions you have now.

Thank you.

What do you want?

Thank you.

What do you want?

Thank you.

Tell me any thoughts, feelings or cognitions you have now.

Thank you.

"This is the end of the process".

If you are clear about what you want, AND are smiling, perhaps laughing, feeling happy, feeling positive, feeling certain and confident, you have attained the end phenomena.

If not, there is nothing to worry about. As you go through the Course, this will sort itself out. You do not have to attain the end phenomena to attain all the money you desire. This is a journey of Self Discovery for you. Know that by DOING the processes in this Course, you ARE gaining benefits and making "progress".

I know you can feel this.

If you want to write anything in your Lesson notebook, do so now.

Welcome back.

Come back tomorrow to continue the Lesson.

Welcome back.

You will do another process in a moment. Start the process when you have at least 15 minutes of uninterrupted time where you can focus and talk out loud.

The following is "Money Process #9"

You will need a timer.

Answer the questions out loud saying whatever comes to mind. Tell me what resonates with you, not what you think I want to hear. Be honest and true to yourself. There are no right and wrong answers. Be as specific or brief as you like. Talk for as long as you want (but stop at 5 minutes per question if you go that long).

Let's begin.

Tell me what your dream is (or what your dreams are).

Thank you.

Tell me your target amounts of money you are desiring and when you want to possess them.

Thank you.

Read out loud to me your "I am (or I have)" statement about you possessing the money 3 times (such as "I have \$100,000 cash in the bank, Ten 5oz gold bars in my safe, and \$10,000 per month minimum coming in as a steady income stream").

Thank you.

In a moment you will visualize yourself in possession of the money you desire, see your life as it will be when you are in possession of the money you desire, and feel NOW AS IF you are right now in possession of the money you are targeting to attain. You will do this for 3 minutes. Begin when you are ready.

Welcome back.

Tell me how you are feeling, and any thoughts or cognitions you have now.

Thank you.

"This is the end of the Process".

Do "Money Process #9" every day for the next 7 days starting tomorrow, at least one time per day.

You can do this process more than one time each day. The more times you do the process each day the better. Tomorrow will be day one.

During this time PAY ATTENTION to what the Universe is presenting you with. Things in your life might be shifting. Opportunities might be showing themselves to you in a variety of ways. You might have thoughts about money and other things that you did not think about before or are looking at a different way now.

So PAY ATTENTION, and be aware of what is happening, as I can assure you...things ARE happening!

At any time, if you want to write something in your Lesson notebook, do so as soon as you have the thought, feeling or cognition.

When you are finished come back and continue the Lesson. I will see you in 8 days.

Welcome back.

Tell me how you are feeling now and any thoughts or cognitions you have.

Thank you.

You may feel different now about money and what you desire, as compared to when you first started this Course. As your self image has changed, so have your desires. There are no good and bad desires. There are no right and wrong desires. Everyone is uniquely different as we go on our own 100% unique and personal life journey and experience.

At this point you should have some long term dreams or perhaps a specific long term dream that you desire. We have worked on dreams before in previous Lessons.

You should also have a specific target you are wanting to attain. This includes a lump sum amount of money and or an amount of money coming in on a consistent basis.

You should also know what "things" you want that money can buy.

These all have a realistic target date for their attainment that you set as a "deadline".

You also have your "I am (I have)" statement about the money you want to attain.

In a moment you will do the next process. You should read all the instructions for the next process first and then decide when you want to start the process.

The following in "Money Process #10".



Today or tomorrow you are going to make a "Dream Board". This does not have to be fancy. Do not put this off. Do this. Take action NOW. Get it done. Start the "cycle" and complete this cycle. Make this a fun and easy project.

Here is an example of how to do it (you can do it anyway you want).

Read all the instructions first. You do not have to do it exactly as stated. These are guidelines. Get the general idea first of what you are to achieve and then start the project and get this DONE.

You need a piece of paper. It can be 8 1/2" by 11" or bigger or smaller.

In the middle draw a circle.

In the circle write the amount of money you want (the lump sum and or the ongoing amount) and the date when you want to attain it. Also in the circle, put some pictures of the things you are going to use the money for. If you can have yourself in the pictures that is better.

Across the top of the paper write your "I am (I have)" statement.

Outside the circle covering the rest of the paper, put pictures or phrases of your "dreams".

You can make this "board" in about 10 minutes as you can use the internet to get pictures. You can add pictures of the things you want with you in them later. It does not have to be PERFECT now. It just has to be DONE. You can also improve it, change it, redo it etc. later and as often as you want.

The idea is for you to CREATE something that shows what YOU have DECIDED that you WANT, and WHEN you are GOING to achieve it. This is something that you can look at and be a "point of focus" or a "point of contact" (we will learn more about these terms in future Lessons as they are very powerful ancient spiritual and success secrets).

When you are ready...do it and get it done! Have the DO IT NOW attitude of a winner.

When you are done, come back to continue the Lesson.

Welcome back.

Starting tomorrow (day 1) and for 7 days, every day, as soon as you wake up, and before you go to bed, look at your "dream board" for 2 minutes. Then read the "I am (I have)" statement out loud 3 times. Then for 3 minutes, visualize yourself in possession of your "Chief Aim" (not the dreams"). As you are visualizing, feel now AS IF you would feel if you were actually in possession of your target amount of money and the things you want that the money will buy.

After you do this, and at any time throughout the day, if you feel like writing something in your Lesson notebook, do so the moment you have the thought, feeling or cognition.

I encourage you to do this more than just 2 times per day. The more times each day the better. This takes about 6 minutes, so do it as often as you can and watch the magic happen in your life.

Come back in 8 days to continue the Lesson.

Welcome back.

I encourage you to do this simple process everyday going forward as often as possible. As you move through life, your goals, dreams, and targets will change. You will hit targets and attain what you are wanting to attain. This is a magical process. It is simple and IT WORKS. This produces results. Do this every day. Dream, desire, and set your goals. Focus on what you want while feeling good now and watch everything you desire manifest in your life.

Now, I have some questions for you.

Tell me out loud what you are noticing about how you feel as you are living your life and what is happening in your life.

Thank you.

Tell me how you are reacting or responding to what is happening in your life.

Thank you.

Tell me any other thoughts, feelings or cognitions you would like to share.

Thank you.

Tell me what you got out of this Lesson.

Thank you.

Before you continue, as briefly or in as much detail as you would like, write in your Lesson notebook what you got out of this Lesson.

Welcome back.

You need to buy a little book entitled "It Works". You can go online and buy it. It is very short. Read this little book at least 3 times the first week you get it (reading it more is better). As you read it, you will "see things" and understand things clearer than you have before. Things will start to "make sense". You will "feel" something within you that is "very good".

Remember you can be rich.

You can have as much money as you desire.  
You can live a prosperous abundant life.

You are a creator. You are a manifestor. You create your own reality. You are eternal and all expansive.

Know that you are wonderful, magnificent, and special.

Know that you are wanted, appreciated and loved.

Know that you are worthy of having all your desires.

Know that you deserve to have all your desires.

Know that you are actually "entitled" to have all your desires.

Know too, that you and I are one, as we share the same SELF.

Until the next Lesson,

I will meet you once again, where I see you all the "time", in the space between thoughts.  
Perhaps this time, you will "see" me.

Much love my friend,

KT